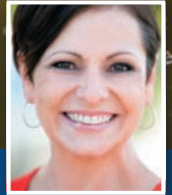


MELBOURNE

-the *nurturing* CITY

WORDS TONI REILLY



Holistic Bliss comes to Melbourne where I forged my profile and pioneering work over the last ten years. At first commuting every second week until 2013 when I relocated here after fifteen years in sunny Brisbane, this city holds a place in my heart that I shall attempt to describe.

As far as the realms of healing go, I have always found the energy of Melbourne to be warm and nurturing despite the sometimes, random weather it is famous for. Even when the weather is crappy, it is still good here. If it is grey, cold and raining, there are fireplaces in many venues and heaters everywhere to keep us cosy. The place is well designed for the weather. And when the sun comes out so do all the people, the energy created is nothing short of uplifting as the people begin buzzing, appearing from their cosy homes to soak up the sunshine.

It is a social city, boasting with what seems an unlimited array of places and

events to entertain or share time with friends. You can devour incredible food, with endless choice and often flawless service, no matter what your foodie preference. Sporting events abound for a flurry of loyal, passionate fans made possible by an efficient and reliable public transport system, in fact there are never-ending events happening around town, from marathons to music and food festivals.

I often leave my home office, computer in hand seeking an inspirational place in a gorgeous coffee shop or cafe to work from. There is nothing like changing the energy of my surroundings to start my creative stream flowing.

My heart expands at the recall of my many clients, the tonnes of courses hosted and the inception and implementation of my SoulLife™ Psychology Diploma in 2015 which all transpired here in Melbourne.

On a first world issue appreciation note, fashion in Melbourne is damn

fine; I can dress for seasons, like wearing boots (in Queensland there are only a few days a year where the weather accommodates such a treat). It also lacks the Queensland humidity, which of course is counteracted by divine blue skies, and stunning beaches which can be used year round.

To sum up Melbourne, I find the people who inhabit this city are warm and friendly, there is culture everywhere and it has stunning old buildings, modern architecture, street art and beautiful places to continually inspire. It has a European feel, which I adore.

Welcome with open arms to Melbourne Holistic Bliss Magazine, we want you here!

TONI REILLY *developed SoulLife™ Psychology, an intuitive approach encompassing unique methods, techniques and philosophies she devised to deal with emotional, physical and mental health to instil breakthrough healing that works.*
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